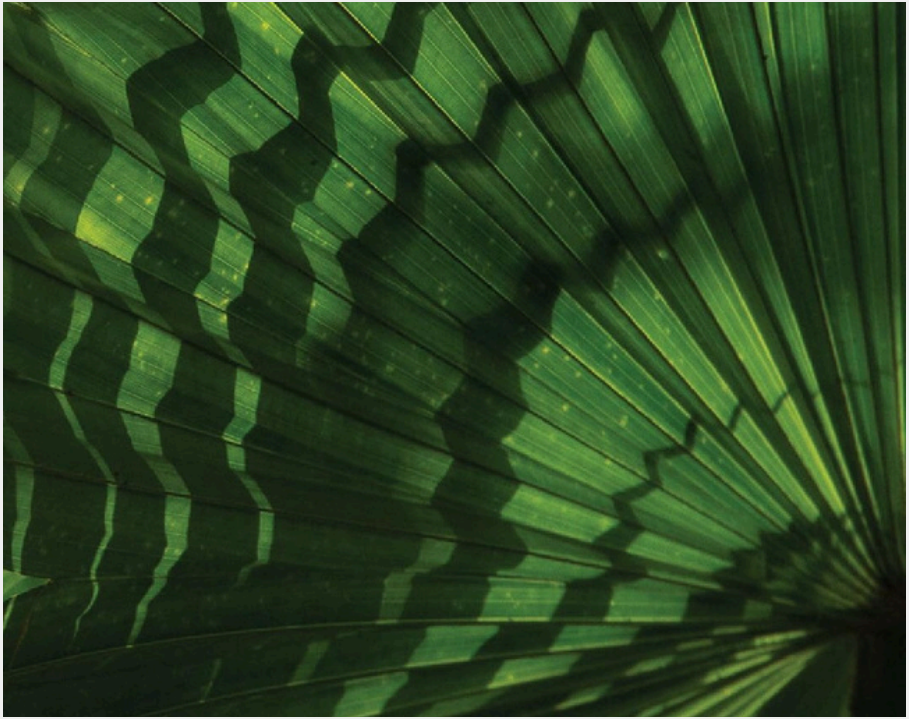




The SHE Edition

Chiangmai



The SHE Edition

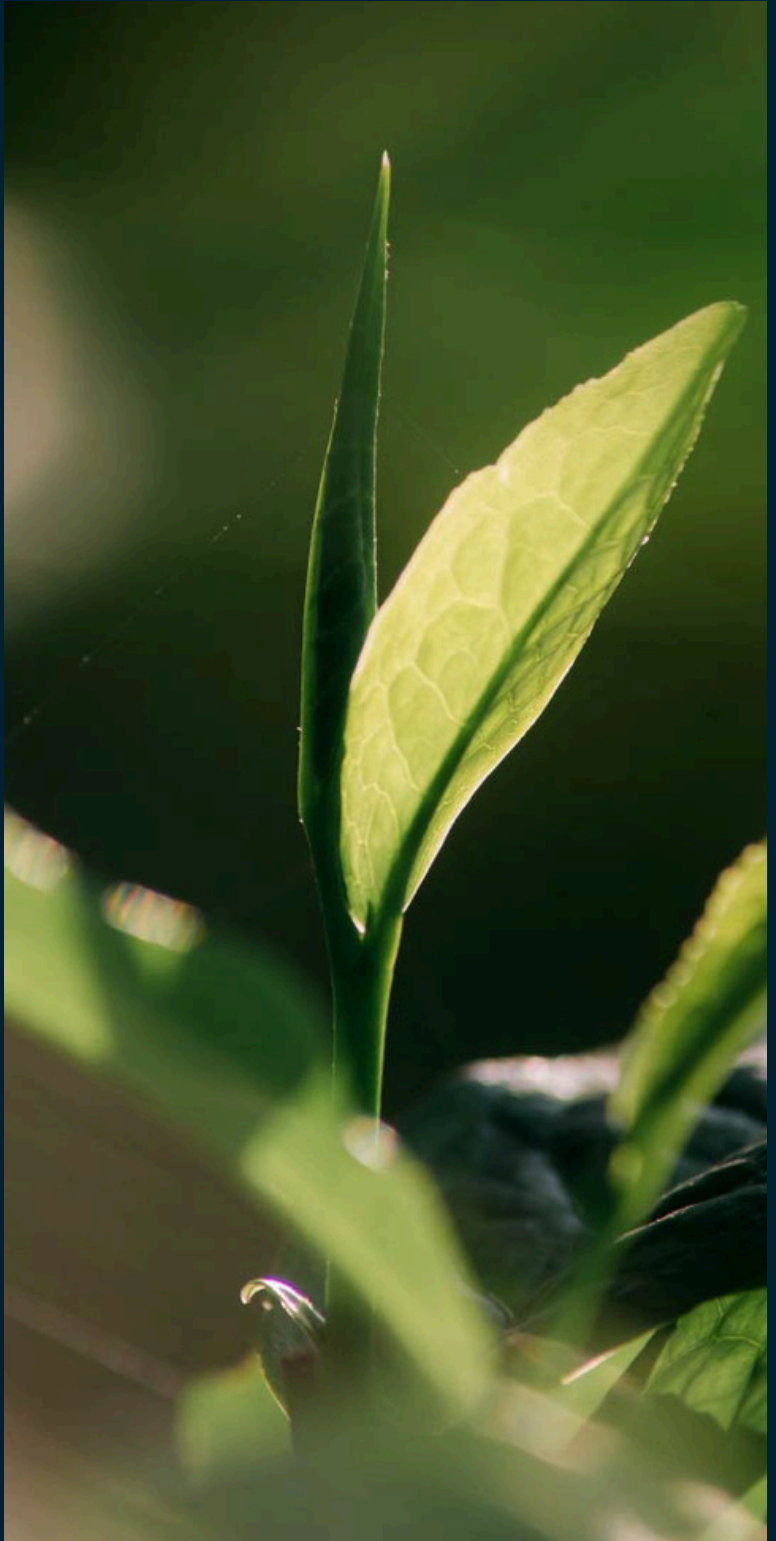
The SHE Chiangmai

- CMSHE001 The SHE Begin Chiangmai 5D4N
- CMSHE002 The SHE Nurture Chiangmai 5D4N

The SHE One Day

- SHE004 The Flower Journey
- SHE005 The Scent Journey







The SHE Chiangmai

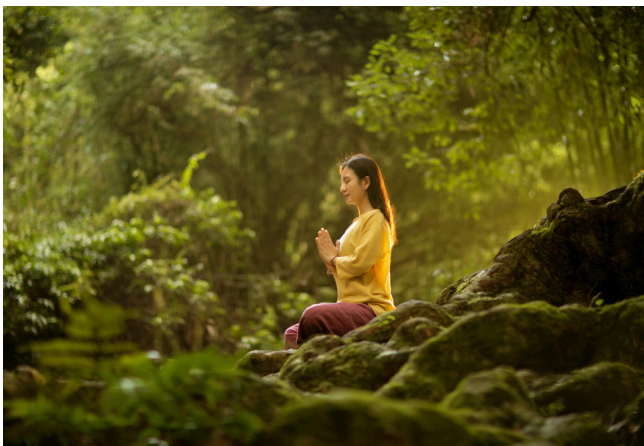
“In the stillness of the journey,
she remembers her softness,
rediscovers her strength, and
learns to love herself again”

CMSHE001: The She Begin

Chiangmai Healing 5D4N

- Mindful Buddhist Rituals – Begin the day with alms offering at Wat Srisoda, followed by meditation and reflection at the serene Wat Palad and iconic Wat Phrathat Doi Suthep.
- Michelin Culinary Experiences – Savor authentic Northern Thai flavors at Khaosoi Nimman and a local dinner at a Michelin-guided restaurant, blending tradition with refined taste.
- Holistic Wellness & Spa – Indulge in a customized spa treatment at The 9 Wellness, designed to restore harmony of body and spirit.
- Cultural Village Immersion – Explore Baan Rai Kong Khing with leisurely cycling, visits to old Lanna temples, and hands-on experiences including cooking workshops and herbal compress making.
- Traditional Lanna Therapy – Experience the signature “Yum Khang” fire-foot massage, a centuries-old Lanna practice that relieves muscle tension and stress.
- Sound & Energy Healing – End the day with a transformative 360º Sound Healing session at the Art Center Studio, enveloped by soothing vibrations and serene energy.





Day 1

Arrive at Suvarnabhumi Airport and meet your local guide.

Thai traditional dress experience with Full makeup & professional photographer at Wat Arun

Have a sip of refreshing welcome drink and **have dinner at The Rongros**, perfectly timed with sunset, overlooking the iconic Wat Arun glowing by the riverside, **60mins Thai Massage**

followed by **Chinatown** exploration and **secret bar hopping**.

Check in at your **5-star hotel**.

- Note: Itinerary may be adjusted according to arrival time.

Day 2

Start the morning with breakfast at the hotel. Get rejuvenated by

60mins Thai massage

Lunch **Michelin Guided Pad Thai**,

Stroll through the **Flower Market**

and enjoy the charm of Floral Café, known for its exquisite floral crafts and exhibitions.

Relax at Café surrounded by the beauty of lotus ponds.

Take part in a **hands-on workshop at Air Orchid**, crafting delicate earrings from real orchids.

In the evening, be enchanted by the **Na Satta Light Festival** and

enjoy a delightful dinner within its magical setting.

Return to your hotel for an overnight stay.



Day 3

Have breakfast at hotel

Thai Boxing Class, learn the art of Muay Thai from professional trainers

Lunch, a **refined Thai set menu** recommended by the Michelin Guide restaurant

Spa Experience at Let's Relax

(or choose Yunomori with onsen)

Experience a rooftop dining with

a special themed dinner,

panoramic city views, and a vibrant yet elegant atmosphere

Evening – Discover Bangkok's

nightlife with a curated experience

Day 4

Have breakfast at the hotel.

Leisure time and enjoy shopping

Meals: Lunch and Dinner on own

Day 5

Have breakfast at the hotel,

meet the guide, check out.

Leisure time.

Depart back to the airport



“Every fresh ingredient tells a story, every grandma’s recipe carries love together they nurture her health and tenderly feed her heart.”

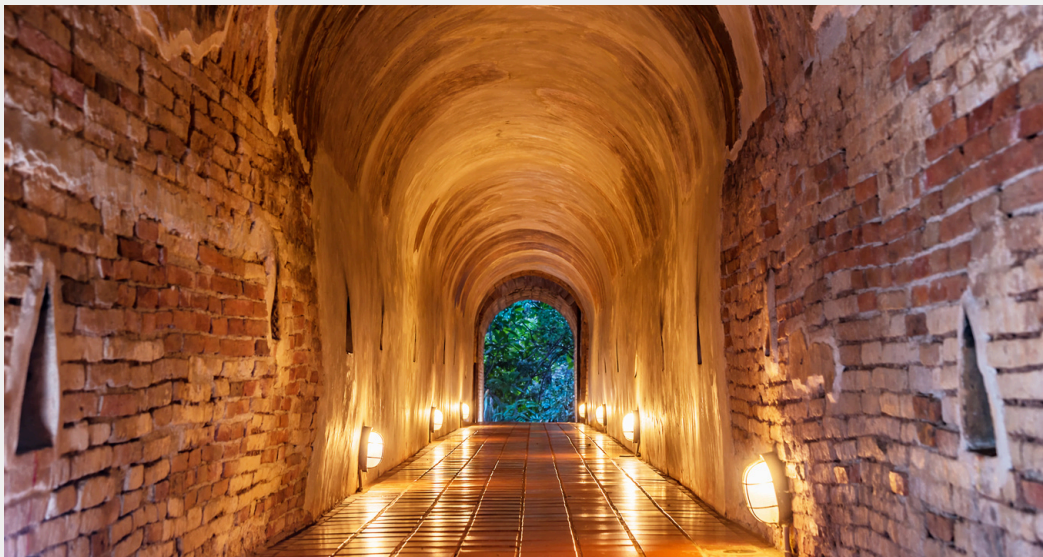


“A journey of rest, renewal, and rediscovery.”

CMSHE002: The She Nurture

Chiangmai Slow Travel 5D4N

- Araksa Tea Garden Experience – Immerse in lush landscapes, learn tea harvesting and fermentation, participate in a traditional tea ritual, and enjoy a wholesome local lunch.
- Elephant Sanctuary Encounter – Feed and bathe gentle giants in an ethical and caring environment, connecting with Thailand's majestic wildlife.
- Anantara Dinner Cruise – Sail the Ping River on Chalermchai Kositpipat's golden boat while savoring exquisite Thai fine dining against a magical riverside backdrop.
- Mindful Buddhist Rituals – Begin the day with alms offering at Wat Srisoda, followed by meditation and reflection at the serene Wat Palad and iconic Wat Phrathat Doi Suthep.
- Michelin Culinary Experiences – Savor authentic Northern Thai flavors at Khaoso-i, Michelin-guided restaurant, blending tradition with refined taste and premium ingredients
- Holistic Wellness & Spa – Indulge in a customized spa treatment at The 9 Wellness, designed to restore harmony of body and spirit.







Day 1

Arrive at Suvarnabhumi Airport and meet your local guide.

Enjoy a **Thai traditional dress experience** and an **exclusive wooden boat cruise with afternoon tea**. (photographer is the optional) the **vintage artistic community with cafés and photogenic corners**. Savor dinner at **Michelin Guide restaurant**,

60mins Thai Massage at Klai Spa, followed by **Chinatown** exploration and **secret bar** hopping.

Check in at your 5-star hotel.

- Note: Itinerary may be adjusted according to arrival time.

Day 2

Start the morning with breakfast at the hotel. Then a refreshing choice of an **ice bath session** or a **calming yoga practice with an Indian yoga instructor**. Enjoy a **Slow Food Thai cuisine** at the Wellness Restaurant. Wander through the **Flower Market** and discover the charm of floral Café, renowned for its floral creative exhibitions. Relax at Café surrounded by lotus ponds. Join a workshop, where you'll **create delicate earrings from real orchids**.

As evening falls, immerse yourself in **the Na Satta Light Festival**, paired with a delightful dinner in its enchanting atmosphere.

Return to your hotel for an overnight stay.



Day 3

Have breakfast at hotel

Explore **the Art of the Kingdom**, showcasing Thailand's exquisite craftsmanship and heritage. Enjoy lunch at the **Michelin Guide restaurant with refined traditional Royal Thai cuisine**.

Indulge in the mind-and-body ritual at **World-class Wellness & Spa**.

Rejuvenate with the healing benefits of **the salt room** for detox followed by an ultimate **aromatherapy steam bath**.

In the evening, **a rooftop special dining experience with a themed dinner**, sweeping city views, and a vibrant yet elegant atmosphere. Conclude the night by discovering Bangkok's dynamic nightlife.

Take rest at Hotel

Day 4

Have breakfast at the hotel, meet the guide. Leisure time or shopping

Full Spa Indulgence at The Sukhothai, the world-class full spa program, combining ancient rituals with modern luxury
Meals: Lunch and Dinner on own

Day 5

Have breakfast at the hotel, meet the guide, check out.

Leisure time. Depart back to the airport

“Through slow moments and soulful pauses, she finds the
harmony she has been seeking, and in that stillness,
she comes home to her heart again.”





Travel with Passion, Live with Purpose



Weluxetrip Company Limited
TAT License 11/11116
99/7 Suphaphong 1 Nongbon
Prawet Bangkok Thailand 10250

ryan@haritour.co (CN, EN)
patsiri.w@haritour.co (TH, EN)
thanadit.c@haritour.co (TH, EN)
moon@haritour.co (KR, EN)
supansa.s@haritour.co (TH, EN)
jinn.kasinwayo@haritour.co (TH, EN)